



WHITMAN-WALKER HEALTH  
*Community. Caring. Quality.*



TOGETHER PRESENT

## **TRANSGENDER AND GENDER VARIANT YOUTH: Critical Issues and Ways to Support Youth and Enhance Competence in Handling Cases**

D.C. SUPERIOR COURT, 500 INDIANA AVENUE, NW  
Friday, March 8, 2013 – 12:00 – 4:00 PM  
Jurors' Lounge, 3<sup>rd</sup> Floor

### **Resource List for Trans and Gender Variant Youth & Adults**

This list includes resource information about...

- **Today's Presenters**
- **Local Resources**
- **National Trans Advocacy Groups**
- **Trans Youth In Schools**
- **Trans Youth Suicide Prevention**
- **Trans Youth in State Custody**
- **Teaching Guides**
- **Transgender Issues Re: Police/Jails/Prisons**

#### **Today's Presenters**

**Whitman-Walker Health**

<http://www.whitman-walker.org>

1701 14<sup>th</sup> Street NW, Washington, DC 20009 and 2301 ML King Jr Avenue SE, Washington, DC 20020

All Services: (202) 745-7000; Legal Services Direct Line: (202) 939-7627

WWH is a community health center offering medical, behavioral health, addictions treatment, legal services, public benefit navigation, pharmacy, medical case management, and dental care to the LGBT, HIV, and other communities. Legal services include name/gender changes, public benefits applications and appeals, Medicare and Medicaid counseling, workplace rights and discrimination matters, estate

planning, medical privacy matters, health insurance and medical debt counseling, and immigration assistance.

The following WWH staff participated in this training:

Thomas Coughlin, Transgender Advocate and Psychotherapist

Justin Goforth, Director of Medical Adherence and Registered Nurse

Erin Loubier, Director of Public Benefits and Senior Managing Attorney, Legal Services

Amy Nelson, Supervising Attorney, Legal Services

Anna Priddy, Staff Attorney, Legal Services

### **Empoderate Youth Center, La Clinica del Pueblo**

<http://www.lcdp.org/our-services/community-health-action/empoderate-youth-center>

3055 Mount Pleasant St. NW, Washington, DC 20009

Phone: (202) 507-4801

La Clínica's HIV youth initiative, ¡Empoderate! (Empower Yourself!) is the only bilingual, HIV program that targets young Latino men who have sex with men and young male-to-female transgender Latinas between the ages of 18 and 29 in Washington, DC. ¡Empoderate! builds on La Clínica's 20 year history of fighting the HIV epidemic in the Latino community through programs that create a safe and supportive space in which to strengthen individuals and community. La Clínica has addressed this problem by tackling the underlying causes of the epidemic, including isolation, depression, and the lack of safe and substance-free spaces for an immigrant community frequently facing rejection from family and community due to homophobia, poverty, and immigration status.

Today's presenter was Molly Goggin-Kehm, Youth Counselor/Navigator/Case Manager.

### **Sexual Minority Youth Assistance League (SMYAL)**

<http://www.smyal.org/>

410 7th Street, SE, Washington, DC 20003

Phone: 202-546-5940; Fax: 202-330-5839

SMYAL's mission is to support and empower lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth in the Washington, DC metropolitan region. Through youth leadership, SMYAL creates opportunities for LGBTQ youth to build self-confidence, develop critical life skills, and engage their peers and community through service and advocacy. Committed to social change, SMYAL builds, sustains and advocates for programs, policies and services that LGBTQ youth need as they grow into adulthood.

Today's presenter was Andrew Barnett, Executive Director.

### **The Trevor Project**

<http://www.thetrevorproject.org/>

The Trevor Lifeline: 1-866-488-7386 offering immediate help to Youth who are feeling alone, confused or in crisis.

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth. Trained counselors offer support 24/7; the Trevor Lifeline is free and confidential. In addition to operating the only national crisis lifeline for LGBTQ teens and young adults, Trevor offers unique suicide prevention services to youth in digital spaces, including counseling via instant message through TrevorChat and the largest online social network specifically for young LGBTQ people, TrevorSpace.

Today's presenter was Alison Gill, Government Affairs Director.

## **Local Resources – Legal Services**

This is not an exhaustive list of local legal service providers who assist LGBTQI persons. See LawHelp-DC at <http://www.lawhelp.org/dc/> for more listings.

**Whitman-Walker Health Legal Services Program – See above for contact information. Serves clients who are 18 years and older.**

## **Local Resources – Legal Immigration Services**

**Whitman-Walker Health Legal Services Program – See above for contact information. Serves clients who are 18 years and older.**

### **Ayuda (Immigration Legal Services)**

<http://www.ayuda.com>

6925B Willow St NW, Washington, DC 20012

Phone: (202) 387-4848; Fax: (202) 387-0324

Languages spoken: English, French, Polish, Spanish

Ayuda assists with a variety of immigration needs including Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, NACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions. They also offer legal assistance with Family & Juvenile matters. Non-legal services include administrative advocacy (CIS/ICE/CBP), Department of Justice (DOJ)/Office for Victims of Crime (OVC)-funded services for trafficking victims, legislative advocacy (state or national), Office Of Refugee Resettlement (ORR)-funded services for trafficking victims, and social services.

Ayuda serves domestic violence victims, individuals who are not in legal immigration status, individuals with criminal histories, individuals with physical/mental disabilities, juveniles, lesbian, gay, bisexual & transgender persons, torture survivors, and trafficking victims.

### **Kids In Need of Defense (KIND)**

<https://www.supportkind.org/en/>

1300 L St. NW, Suite 1100, Washington, DC 20005

Phone: 202-824-8680

KIND serves as the leading organization for the protection of unaccompanied children who enter the US immigration system alone and strives to ensure that no such child appears in immigration court without representation. KIND achieves fundamental fairness through high-quality legal representation and by advancing the child's best interests, safety, and well-being. KIND was founded by Angelina Jolie and the Microsoft Corporation to create a pro bono movement of law firms, corporations, nongovernmental organizations, universities and volunteers to provide quality and compassionate legal counsel to unaccompanied refugee and immigrant children in the United States.

### **Catholic Charities - Archdiocesan Legal Network**

<http://www.catholiccharitiesdc.org/>

924 G St., NW, Washington, DC 20001

Phone intake hotline: (202) 350-4305; (202) 772-4325 (En Español)

Immigration Legal Services (ILS) focuses on the provision of direct legal immigration services to foreign-born individuals and their families. Last year, ILS worked with more than 4,400 cases, ranging from consultations to full representation. ILS has represented individuals from more than 135 countries

around the world needing legal assistance with an immigration matter. The Archdiocesan Legal Network focuses on serving low-income individuals whose earnings are equal to or less than 200% of the U.S. Federal Poverty Guidelines (\$1915/month for family of 1; \$2585/month for family of 2).

### **Human Rights First**

<http://www.humanrightsfirst.org/>

805 15th Street, NW, Suite 900, Washington, DC 20005

Phone: (202) 547 5692; Fax: (202) 543 5999

Through the Asylum Legal Representation Program at Human Rights First, volunteer lawyers change the lives of refugees by helping them win asylum in the United States. Clients have fled from political, religious, ethnic, and gender-based persecution in countries plagued by human rights violations. They cannot afford counsel and desperately need representation. Through its legal representation work, the Refugee Protection Program serves as a more effective advocate for legal reform and policy change on issues affecting asylum seekers in the United States. The cases assigned to pro bono volunteers through the representation program inform Human Rights First's advocacy goals by providing real-life evidence of the challenges asylum seekers face upon their arrival in the United States.

## **Local Resources – Social Services/Support Groups**

### **Empoderate Youth Center, La Clinica del Pueblo – See above for more information.**

“Mariposas” Group - MTF transgendered support group for Spanish-speakers

Meeting time & location: Twice monthly/Wednesdays, 5 -7pm, Location is La Clinica Del Pueblo 2831 15th St. NW, Washington, DC (no meeting fees)

### **Sexual Minority Youth Assistance League (SMYAL) – See above for more information.**

LGBTQ Youth Support, outreach and advocacy group; support group meetings for trans and queer  
Contact: 202 546 5940 x103

### **Casa Ruby**

<http://casaruby.org/>

2822 Georgia Ave. NW, Washington DC 20001

Phone: 202-355-5155

Casa Ruby is a Multicultural Latino LGBT Community Center, A Resource Center, A Recreation Center, and A Place You Can Call Home. EVERYONE IS WELCOME. Holds various LGBT support groups for Latina Transwomen and others, addressing issues particular to their community. Meeting times may vary.

### **T.H.E. (Transgender Health Empowerment)**

<http://www.theincdc.org/index.html>

1414 North Capitol Street NW, Washington DC 20002

Phone: 202-636-1646; Fax: 202-636-1649

T.H.E. provides an array of programs and services targeting the GLBTQ community, particularly African American Transgender individuals. All of our programs and services are free depending on eligibility. T.H.E.'s mission is to enhance the quality of life of the diverse transgender populations served by advocating for and supporting a continuum of health and social services. In fulfilling their mission, T.H.E. seeks to unify and empower the transgender, lesbian, gay, and bisexual communities.

**DCATS\***

[www.dcatsinfo.org](http://www.dcatsinfo.org)

DCATS is a social and support group for persons on the transmasculine spectrum and their significant others, family, friends and allies.

Meeting Time & Location: Meets every second Sunday of every month (may be rescheduled if conflicts with holiday) at Whitman-Walker Health; 1701 14th St, NW Washington DC

\*SOFFA group meets at the same time in another room. Open to all significant others, friends, family and allies of transgender, gender-variant, gender non-conforming individuals. Contact: DCATS is a volunteer-run organization. Join listserv at [www.dcatsinfo.org](http://www.dcatsinfo.org) to contact other members for information.

**Baltimore-Washington-Annapolis FTM Social Group**

[www.trans-man.org](http://www.trans-man.org)

Contact: <http://groups.yahoo.com/group/BaltWashAnnapGuys> to join listserv

Social and support group for Female-to-Male Transsexuals. This group is a social group for male-identified transsexuals in the Baltimore-Washington-Annapolis area. It includes those who are not yet in outward transition but who are working towards it, those who are currently in transition, and those who are post-transition. Meeting Time & Location: Dinner at Panera Bread Restaurant, Arundel Mills Blvd. Every Wednesday, 7:15 – 9:15pm

**Helping Individual People Survive (HIPS)**

[www.hips.org](http://www.hips.org)

Contact: 202-232-8150 / HOTLINE: 1-800-676-HIPS

Mailing address: HIPS, P.O. Box 21394 Washington, DC 20009

Support, education and outreach group for transgender and other commercial sex workers. Meetings are held every 3rd Thursday of the month from 4 – 6pm. Location is kept confidential for client privacy – contact the HIPS office below.

**Transgender Support Services of Us Helping Us**

[www.uhupil.org](http://www.uhupil.org)

Phone: 202-446-1100

Mailing address: Us Helping Us 3636 Georgia Ave, NW Washington DC 20010

Issues and concerns include HIV/AIDS & STDs, substance abuse, homeless and incarcerated transgender persons and employment and housing discrimination. Offer case management and clinical services.

**Metro Area Gender Identity Connection (MAGIC)**

[www.magicdc.org](http://www.magicdc.org)

Contact: [http://groups.yahoo.com/group/magic\\_dc/](http://groups.yahoo.com/group/magic_dc/)

Support group geared primarily to the support of transsexuals in every stage of transition. The group also caters to family and friends of transsexuals looking to find out more about how they can support their loved one. The group meets on the third Friday of every month at the Falls Church Presbyterian Church, in Falls Church, VA, and also has an online forum and mailing list called MAGIC\_DC on Yahoo Groups. Meeting Time & location: 8pm usually the 3rd Friday of the month at the Falls Church Presbyterian Church Falls Church VA. No membership dues, but a small contribution for the meeting space is sometimes requested but not required.

### **The Northern Virginia Second Friday Peer-Led Gender Support Group**

Contact: 2ndfridaypeergroup@gmail.com

Meets the second Friday of each month. Meetings are held at MCC NoVA ~ Sanctuary, 10383 Democracy Lane, Fairfax, VA 22030

### **T-Families of PFLAG-Metro DC**

[www.pflagdc.org](http://www.pflagdc.org)

Contact: Debbie Strauss at Strauss123@verizon.net or Margery Diamond at margeryid@aol.com (Maryland, Cedar Lane Meeting)

Libby McKnight at libbmck@mac.com (VA meeting) or the PFLAG office at 202-638-3852

Mailing Address: T-Families c/o PFLAG-Metro DC, p.o. Box 66363, Washington, DC 20035-6363  
Facilitated support group for parents, other family members, spouse and partners of transsexual and transgender people. Meeting time & location: Every 3rd Sunday from 2 – 3pm at the Cedar Lane Unitarian Church, Kensington, MD. Also a new Northern VA group has started, 4th Sunday of month, 3:30 – 5pm. Donations are appreciated.

### **Transgender Education Association (TGEA)**

[www.tgea.net](http://www.tgea.net)

Email: tgea4u@yahoo.com

Mailing address: TGEA P.O. Box 16036 Arlington, Virginia 22215

Provides a supportive environment and day-to-day assistance for transgender individuals and their significant others, friends, family and allies (SOFFAs), helping them overcome their sense of isolation and providing educational and social opportunities.

### **The Metro DC GLBT Community Center**

[www.thedccenter.org](http://www.thedccenter.org)

The Center's mission is to celebrate, strengthen, and support community among the LGBT residents and organizations of Metropolitan Washington, DC.

Contact: David Mariner – david@thedccenter.org

*\*Please contact individual organizations for confirmation of meeting times/location as these are subject to change.*

### **National Trans Advocacy Groups**

#### **National Center for Transgender Equality**

<http://www.nctequality.org>

Phone: 202-903-0112

Mara Keisling, Executive Director, [mkeisling@transequality.org](mailto:mkeisling@transequality.org)

Harper Jean Tobin, Policy Director, [hjtobin@transequality.org](mailto:hjtobin@transequality.org)

NCTE is a social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment.

#### **National Gay Lesbian Task Force's Transgender Civil Rights Project**

<http://www.thetaskforce.org/statelocal/transgender.htm>,

Lisa Mottet, Director, (202) 639-6308, [lmottet@thetaskforce.org](mailto:lmottet@thetaskforce.org)

The Transgender Civil Rights Project works to increase the number of state, local and federal laws that prohibit discrimination based on gender expression and identity and provides technical assistance on all

trans-related policies, including driver's licenses, birth certificates, homelessness, health care, and jail/police policies.

**Lambda Legal Defense and Education Fund, Inc.**

<http://www.lambdalegal.org>

M. Dru Levasseur, Transgender Rights Attorney, 212.809.8585, [dlevasseur@lambdalegal.org](mailto:dlevasseur@lambdalegal.org)

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work.

**The Transgender Law and Policy Institute (TLPI)** <http://www.transgenderlaw.org>

TLPI hosts an extensive online library of state, local, and national policies, laws, and data.

**Trans Youth in Schools**

All Students Count Coalition (focusing on Youth Risk Behavior Survey Advocacy):

<http://amplifyyourvoice.org/allstudentscount>

High School/College Organizing Tips and Talking Points, a publication of MTPC

<http://www.masstpc.org/materials/organizing-students.shtml>

Beyond the Binary: A Tool-Kit for Gender Identity Activism in Schools

[http://www.transgenderlawcenter.org/pdf/beyond\\_the\\_binary.pdf](http://www.transgenderlawcenter.org/pdf/beyond_the_binary.pdf)

Los Angeles Policy on Transgender and Gender Non-Conforming Students:

<http://transgenderlaw.org/college/la.pdf>

Model Directive from the California Safe Schools Coalition:

<http://www.transgenderlaw.org/resources/modeldirective.pdf>

Model School District Policy on Transgender Students from GLSEN and NCTE:

[http://www.glsen.org/binary-data/GLSEN\\_ATTACHMENTS/file/000/001/1978-1.pdf](http://www.glsen.org/binary-data/GLSEN_ATTACHMENTS/file/000/001/1978-1.pdf)

Lambda Legal's *Bending the Mold: An Action Kit for Transgender Students*

<http://www.lambdalegal.org/publications/bending-the-mold>

**Trans Youth Suicide Prevention**

"After a Suicide: A Toolkit for Schools" – American Foundation for Suicide Prevention and Suicide Prevention Resource Center:

<http://www.sprc.org/sites/sprc.org/files/library/AfteraSuicideToolkitforSchools.pdf>

"Lifeguard Workshop Program" – The Trevor Project:

<http://www.thetrevorproject.org/LWP>

"More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel" – American Foundation for Suicide Prevention:

[http://www.afsp.org/index.cfm?fuseaction=home.viewPage&page\\_id=EE917B6D-0C92-77B7-B441A831E6A70D2D](http://www.afsp.org/index.cfm?fuseaction=home.viewPage&page_id=EE917B6D-0C92-77B7-B441A831E6A70D2D)

“SOS Signs of Suicide Prevention Program (SOS) – Screening for Mental Health, Inc.:  
<http://www.mentalhealthscreening.org/programs/youth-prevention-programs/sos/>

“Talking About Suicide & LGBT Populations” – Gay & Lesbian Alliance Against Defamation, Movement Advancement Project, American Foundation for Suicide Prevention, The Trevor Project, et al.:  
<http://www.thetrevorproject.org/sites/default/files/Talking%20About%20Suicide%20and%20LGBT%20Populations.pdf>

The Trevor Lifeline: The only nationwide, around-the-clock crisis intervention and suicide prevention lifeline for lesbian, gay, bisexual, transgender, and questioning young people, 13-24, available at 1.866.488.7386.

“Trevor Survival Kit” – The Trevor Project:  
<http://www.thetrevorproject.org/survivalkit>

### **Trans Youth in Custody**

Queer & Trans Youth in California Foster Care Have Rights: A Know Your Rights Guide  
<http://www.nclrights.org/site/DocServer/fosteryouth012105.pdf?docID=781>

New York Office of Children & Family Services Transgender Youth in Detention Facilities Policy  
[http://www.usatoday.com/news/nation/2008-06-19-transgender\\_N.htm](http://www.usatoday.com/news/nation/2008-06-19-transgender_N.htm)

*Survival Tips for Trans Youth* (from Lambda Legal’s Transgender Rights Toolkit: A Legal Guide for Trans People and their Advocates)  
[http://www.lambdalegal.org/publications/trt\\_survival-tips-for-trans-youth](http://www.lambdalegal.org/publications/trt_survival-tips-for-trans-youth)

### **Teaching Guides**

*Teaching Transgender: A how to guide on leading trainings about the lives of transgender people*  
National Center for Transgender Equality  
[http://transequality.org/Resources/NCTE\\_Teaching\\_Transgender.pdf](http://transequality.org/Resources/NCTE_Teaching_Transgender.pdf)

### **Transgender Issues Re: Police/Jails/Prisons**

DC Trans Coalition Police Training Materials (Slides and Trainer’s Guide), available at  
<http://www.dctranscoalition.org/>

Washington D.C.: *General Order PCA 501-02, "Handling Interactions with Transgender Individuals"*  
[http://oig.dc.gov/news/view2.asp?url=release08%2FMAR\\_standard\\_distribution\\_letter\\_transgender.pdf&mode=iande&archived=0&month=00000](http://oig.dc.gov/news/view2.asp?url=release08%2FMAR_standard_distribution_letter_transgender.pdf&mode=iande&archived=0&month=00000)

Washington, D.C.: DC Department of Corrections Policy on Gender Classifications and Housing, available at <http://www.dctranscoalition.org/>

Los Angeles Police Department, new policies on respect by police, as well as jail classification:  
<http://transgenderlawcenter.org/cms/blogs/552-23>



Massachusetts Transgender Prisoner Questionnaire and Transgender Prisoner Resource List  
MTPC: <http://www.masstpc.org/projects/proj.shtml>

*Safety Inside: Problems Faced by Transgender Prisoners and Common Sense Solutions to Them*  
Written testimony submitted to the National Prison Rape Elimination Commission  
Transgender Law Center: <http://www.transgenderlawcenter.org/publications.html#jails>

King County Department of Adult and Juvenile Detention Policy on Transgender Inmates  
<http://www.aclu.org/lgbt/transgender/27801res20060831.html>

*It's War In Here: A Report on the Treatment of Transgender and Intersex People in NYS Men's Prisons*  
Sylvia Rivera Law Project: <http://srlp.org/resources/pubs/warinhere>

Rights of Transgender Prisoners: National Center for Lesbian Rights: <http://www.nclrights.org/>

*Fighting Anti-Trans Violence* (from Lambda Legal's Transgender Rights Toolkit: A Legal Guide for Trans People and their Advocates)  
[http://www.lambdalegal.org/publications/trt\\_transgender\\_violence](http://www.lambdalegal.org/publications/trt_transgender_violence)